

The ECHO is back in print!

Opening Mass: All in, All Trinity

By ECHO Staff

This year's senior class officers chose the theme for the year: All in, All Trinity.

Senior Class President Chaz Kapfhammer said, "The process for picking this year's theme was not an overnight ordeal. It required a lot of brainstorming and back and forth with Mr. Manning and Mrs. Kerns as well as my fellow officers." Kapfhammer added, "We wanted something that everyone could understand and connect with on some level and I feel like we did just that."



Freshman Rockin'!

By ECHO Staff

On Tuesday, October 3, Trinity freshmen enjoyed the tradition of Rockin': an all-day field day that contributes to the overall house cup challenge!

Final results:
 1st Place: Aquinas
 2nd Place: Patrick
 3rd Place: Gonzaga

Christmas Holiday Break - December 22 - January 8

A New Place and a New Face!

A story by Chaz Kapfhammer '24

This year, a new space opened for students on the third floor of Old Trinity: a brand-new learning support center. This center is home to state-of-the-art equipment and our two learning support coordinators, Jaclyn Bisig and Jane Vories, the latter being new to the community.

The Learning Support Center opened this school year and is located at the Floresh Hall / Old Trinity intersection. The space is available for all students but will primarily be used for students with Learning Support Programs and those who need additional assistance. The center is home to many accommodations, such as quiet areas, individual tables with dividers, and flexible seating options.



Alongside all of the accommodations the center is home to Trinity's full time Learning Support Program Coordinators, Jaclyn Bisig, and new to Trinity, Jane Vories. Vories joined the Trinity community after fall break and has gotten right into the swing of things.

Vories graduated from Sacred Heart Academy in 2010, then went to the University of Louisville to get her bachelor's degree in psychology. After her time at UofL, she pursued her master's in teaching at Bellarmine. Prior to Trinity, Vories taught at Meredith-Dunn for nine years. "Education's very important to me, and I truly believe that having help with education is important too. There's no such thing as a stupid question."

Vories has already settled into her role here, teaching traditional sophomore English classes. "Everyone's been very kind, our students and staff, and I'm

really happy to be here." Vories grew up in the area and when it was time to make the switch from Meredith-Dunn, she said "...it's a very familiar area. And Trinity is known for their great tradition, and their excellency. That's at least what I know about Trinity, they take pride and I love the diverse community here. I think that's important."

As this year continues, Vories has some goals in mind. "I hope by the end of the year to have established great relationships with more of the students here, especially the students that come in to the Learning Support center, I hope that there's more awareness of the Learning Support Center being here and that more students continue to come in to get help, whether that's to come in to take a test during one of their blocks or if they want to come in during

Big Plans and Big Projects

Parker Hooe '25

Dr. Rob Mullen, president of Trinity, talked about the future of the Rock nation with the ECHO. With many new projects in store, the Shamrocks couldn't be more excited.

The new tennis center is a big project for Trinity, as Trinity has been trying to expand its campus. Mullen said, "We have owned the property for many decades. With the artificial turf in the stadium, we have not needed the Sears Avenue property as much for practices. Some donors stepped up and have made it possible to build a tennis center. Then we talked more about it, and he said it was always the plan to make that building." Mullen continued, "Using the land for something other than practice is a recent development." This was an issue that Trinity needed to solve and with help from donors, they got it done and the tennis Rocks will be ready for action this year.

Another upcoming addition to Trinity's campus is the STEM building at the end of Sherrin Ave. Mullen elaborated on its purpose: "Early plans see locating more STEM labs in that facility plus the art department. The spaces they vacate can be used for other school programs. Acquiring the building is a major win for us." This building will also include STEM-related courses that are immensely popular. Expanding these opportunities with more STEM courses tied to various careers is the plan. Schools with STEM spaces like this have also seen an increase in technology-based art classes, such as animation. The building provides Trinity with many opportunities. This is a great addition to the campus and many students will find this interesting, especially with new courses that will be available in the future.

There is also the new courtyard at Trinity, and Mullen says the Eckerle Courtyard created several advantages: (a) space for alumni and student activities like the recent Rockin', (b) another pedestrian passageway between the west and east sides of campus, (c) space for classes to use, (d) it furthered our goal to have a college-like campus that has trees, grass, gathering areas, benches and an overall welcoming feel.

The Trinity community is excited for the new buildings and classes alike. Here at Trinity, students have so much to be excited for thanks to Dr. Mullen, the entire faculty and staff, and Trinity's donors.

advising to get help."

Vories encourages students to come and check out the Learning Support center. "If anybody wants to just say hi and say friendly face thing, stop in and say hello. Also, if students are struggling with their grades and they need help, I'm here to help."

Welcome to the Trinity family Mrs. Vories!



Big Plans and Big Projects

Photography by Parker Hooe '25

4050 Annex Building



Open House Pictures

Open House took place on Nov. 12!

Photography by Jayden Smith



Follow us on Instagram!

Follow the Echo on Instagram!
 @ths_echo

Check out page 4 for a Trinity word search!

This year Trinity football went 5-0 against the St. Xavier Tigers in Freshman, JV and Varsity football. Even knocking out the Tigers in the 2023 Playoffs.

5-0

POLL INFORMATION

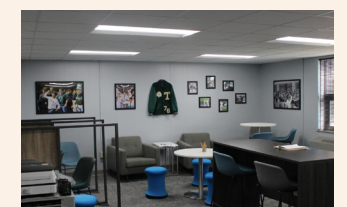
Next semester we bid farewell to the legendary Star Wars Poll.

Star Wars Poll

Empire Strikes Back	32% (682 Votes)
Force Awakens	14% (303 Votes)
Revenge Of the Sith	12% (261 Votes)
A New Hope	12% (260 Votes)
Return of the Jedi	12% (255 Votes)
Rogue One	6% (133 Votes)
The Last Jedi	4% (91 Votes)
Phantom Menace	3% (74 Votes)
Attack of the Clones	3% (73 Votes)

Thank You Mr. Lococo

Thank you Mr. Lococo for your dedication to the ECHO. Your years of hard-work and effort have not gone unnoticed



Fall 2023

Made by Trinity's Fall 2023 Echo Staff

ECHO

Our Nun: Sister Kathy

By Dylan Henry '26

If you attend Trinity High School, you have heard of or even interacted with Sister Kathy. Whether it be because she is your math teacher, your academic counselor, at a Seton house meeting, or just passing by her in the hallway, everyone knows her as Trinity's one and only nun. Sister Kathy joined Trinity High School in 2008, and joined us as a sister in 2011. She even endured through the 2020 COVID year as a part time contact tracer. (She was only part-time in 2020, as she planned a year-long trip to Peru with some of her fellow sisters, but Peru closed its borders, and she was not able to go until they reopened.) Though most may know of her school life, they may not know of her religious lifestyle as a nun. Choosing to be a nun is a sacred choice in a women's religious lifestyle and symbolizes a new beginning in faith. So, to better understand Sister Kathy and other nuns, we must hear the story from the beginning.

Early Life of Sister Kathy

Sister Kathy grew up in a Southern Baptist area of Eddyville, Kentucky, and was one of the only Catholics in the area. At an early age she learned to explain her beliefs to those around her, like her friends, which she believes deepened her faith, which, as she grew older, was particularly important to her. When she was a young kid, she had two dreams: one of being to be an astronaut or to be a teacher. Sadly, due to her poor eyesight, she was unable to pursue the astronaut career path and went on to her second dream of becoming a teacher. Sister Kathy loved working with her fellow classmates since the second grade, and she loved helping them figure out things. She enjoyed discovering innovative ideas and naturally wanted to be a teacher as

she felt she was always a teacher.

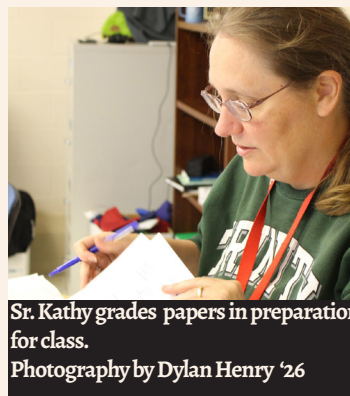
In college while perusing her math and teaching degrees, her faith helped her to make the right decisions for her by helping her see what type of people she wanted to hang out with. The people she connected with were chill and religious, being very connected to the campus ministry. Even at times if they did not know what to do and did not want to do their normal movie-watching college-type things, she would say "Let's go pray at mass," and then after find something else they wanted to do. Sister Kathy realized and really liked her decision in her friend group because "they lifted me up in a faithful way." After she got her degrees and did her student teaching in 2004 at Forest Park High School and taught at DeSales for a while, she was looking for a Catholic school near her community. Finally, in 2008, there was a job opening at Trinity. At the same time she was becoming a teacher, though, she was also becoming a nun.

Becoming a Nun

On August 15, 2004, Sr. Kathy started her new faith journey as a Sister of St. Benedictine from Monastery Immaculate Conception in Ferdinand, Indiana. Before one can become a nun, though, one must meet the requirements of her community. In general, a woman needs to be 18 to 21 years old and to be a Catholic for at least three to five years. They also must have a good moral standing with the Church and show you have not done anything against them. The Church will then look over their criminal record and see if the women were ever charged with major crimes, and if they have not shown major repentance, they will be deterred from the life of a nun. Also, it is possible to be ineligible in becoming a nun if you are married, and again if you committed major crime. When going through the process of becoming a nun, there is a full day where the monastery will do a psychological test where the candidate is about her life story to see if this lifestyle is the right choice for her.

For Sister Kathy her process of becoming a nun took from August 15, 2004, when she first entered the monastery, to April 28, 2007, when she made her first profession of temporary vows to see if the nun life is right for her. Finally, she made her perpetual profession (or permanent vows) on October 1, 2011, making her fully fledged into a nun giving her new life. She became Sister Kathleen Marie Cash after seven years. The length of time for becoming a nun can differ for every nun, with it being at minimum a five-year process. The nun's community can extend the process as they see fit to make sure the nun is ready for her new life. For Sister Kathy, her temporary vows were extended by a year. For other communities, however, this could be normal as they each follow a different order of teaching. For instance, there are the monastic type of nuns who focus on prayer, but also keep a work life balance. Then there is the apostolic type of nuns over at Sacred Heart Academy with the Ursuline sisters who have a work life, but emphasize prayer more. Then there are contemplatives who are 100% devoted to prayer and committed to service of their communities, most commonly baking cookies, and bread for the people. For Sister Kathy, she follows the Benedictine Order, which is oldest order.

While becoming a nun, Sr. Kathy was in a convent: described to be anywhere an order of nuns live. More commonly, anything could be attributed to be called monasteries if it follows monastic rule. When Sister Kathy first started her journey, there were about 210 nuns living in her monastery, along with her Mother Supreme. In her community, her Mother Supreme is known as a Prioress and is elected by her fellow sisters to make decisions on her sisters' behalf, give talks about spirituality, and share her faith live with everyone as a spiritual leader.



Sr. Kathy grades papers in preparation for class.
Photography by Dylan Henry '26

Being a Nun Today

Today, Sister Kathy lives her life by enjoying her hobbies of hiking, reading books, and hanging out with her family. She does note her life is different than other women who did not make vows to God saying, "People who make conscious effort to set themselves away religiously commitment to community." She does have her daily prayer, her own prayer, community to the church prayer, also some vows they take that do set her apart faithfully from women. Sister Kathy has stability vows which make her have obedience to her leader and each other, respect for everyone in community, and fidelity to life. Along with her stability vows she took a vow of poverty and a vow of chastity, as most nuns do. Her vow of poverty entails they she legally owns nothing, she does not make money for herself and is given back to her community, and when given a gift she must ask her Prioress to keep it. In short, she owns nothing and everything she has is shared, because the community gives her everything she needs. Her vow of chastity is common among nuns as whatever one chooses everyone is called to be chaste, and for Sister Kathy, it is never dating, never marrying, and devoting her life to prayer.

Today's nuns also have a few distinct differences from back in the day. Older people today might think of big communities and think of women dressed head to toe with a wimple, being all the same with praying all day every day. For Sister Kathy, this is not the case as she focuses on the balance of work with prayer. In general, she prays three to four times a day: in the morning, afternoon, evening, and night. All nuns are supposed to set time aside for private prayer, Lectio Divina, which means to read from the scripture. Her community of nuns also has a work side tending to take jobs that are socially minded, such as teachers, volunteers in homeless shelters, working in parishes, working with Hispanic and immigration, even becoming veterinarians, lawyers, and big civic leaders in organization. "As long the job has no opposition with the Catholic church and its teachings, there is no limit", but the nuns make sure to utilize the social aspects of the jobs.

Keeping the Vows

Sister Kathy did not always want to be a nun, saying "When I was a kid, I wanted to get married and have four kids. I had already named them." This consequently made her question why she became a nun and sometimes still to this day. When she first started her journey, she had difficulty discerning whether she wanted married life or a nun life, but today she thinks what God called her to do was, on some days, hard. With her community on the decline getting smaller with it having 100 less people than it did back in the day and Sister Kathy being one of the youngest nuns in the benediction and her own community, it is sometimes hard for her to relate with her fellow sisters. "I know it's hard, but God called me, and it has given me a miraculous way to serve."

Communities have a way to work around this by allowing nuns to renew their vows more often than most orders where you are stuck with vows until you undeclare them or die. For the Daughters of Charity nuns, they only make their vows once a year, re-promising them every time. For Sister Kathy, her vows work a little differently because hers were stretched out over seven years. The first year of her time in the monastery was spent semi-free to get adjusted to the life of living around the Catholic fully. Her second year was spent more seriously with prayer and novice, and at the end of year for three years she committed her vows to see if she suited her and after all that she made perpetual profession and became a full nun. With their vows being permanent her convent does a special celebration every 25 and 50 years after a woman commits to their new life.

A nun however, if she wanted, can renounce her vows after committing to them. This could be for a variety of reasons: a nun falling in love, the vows not making her happy anymore, feeling like they have lost their faith, or feeling like they have broken or violated their vows. A nun would then have to go and speak with their Mother Supreme or Prioress and see if it is the right thing for them to do. If it does turn out to be the right decision, paperwork is filled out and sent to the Vatican to be signed by the Pope himself, and once sent back, she will not be a nun.

Decline of Nuns

One question that may be asked however is how come people do not see as many nuns in America today, and with the help of Sister Kathy this question could be answered. In the United States and Europe, there has been a significant decline in their nuns, while in Africa and Asia their nun rate is increasing rapidly. In the history of the church, this happens regularly because of war and other tragic events as the church grows where it is needed. Sister Kathy believes however "the rise of nuns will come back to the Americas and Europe in due time." She believes that nuns will never die out in an area completely as the need for them will change over time allowing them to swoop over time.

Conclusion

Sister Kathy has filled many roles in her life and at Trinity and has had an amazing journey along the way as she became a nun. Knowing her religious life is important to see all of her instead of just a figure you've seen, so maybe the next time you see her whether that be in a math class, in academic services, or just in the hallway, say hello to her and maybe even thank her for coming to Trinity and sharing her story, guidance, and faith with us.

What's Featured?

- "Our Nun: Sister Kathy" - Dylan Henry '26
- "One for the Books" - Dane Morrow '24
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- "Student to Teacher: A Mark Harbrecht Story" - Parker Hooe '25
- "The History of Trinity's Pride Week" - Jack Debellis '25
- "For All the Dogs' Mainly Hits" - Leo Clickner '25
- "New Trinity Staff Member Has High Hopes for this New School Year" - Adam Eaton '25
- "Vintagegeness: A Senior's Love for his Car" - Davis Gallahue '24
- "New Tasty Venezuelan Restaurant Open near Trinity!" - Owen Rafferty '24
- "The Answers to Your Intramural Basketball Questions" - Brady Morgan '25
- "Wrestling All the Way to State" - Lucien Reid '26
- "Trinity's Favorite Christmas Songs" - Owen Rafferty '24
- "A Trinity Legacy" - Gray Francoina '26

One for the Books

A story by Dane Morrow '24

It is safe to say the Trinity Shamrocks football team has held the St. Xavier Tigers by the scruff of the neck this year.

Last Friday, the Rocks took on their cross-town rivals in a second-round playoff matchup at Marshall Stadium. This was a rather historic game for the rivalry, as it was the first non-COVID year contest between the two to ever be played at Marshall Stadium. While Marshall Stadium holds significantly less than the University of Louisville's L&N Federal Credit Union Stadium, there was still an estimated 18,000 viewers between in person attendance and the WDRB+ live stream, which is similar to recent totals at L&N Stadium. Local restaurants such as Drake's and The Raven also displayed the game on their TVs.

The Rocks jumped out to an early 7-0 lead with the help of senior RB Clint Sansbury, directly following a tone-setting goal-line stand by the Shamrocks stout defense. The Rocks didn't look back, making the score 28-7 going into halftime. The Shamrock student section was loud and proud all night, seemingly the loudest they have been in the last four years according to seniors Gabe Mingus and Matthew Higgins. Mingus, a senior LB, mentioned how "overwhelming" the Trinity student section seemed to be for the Tigers. He noted the troubles they had getting calls in due to the deafening cheers from Trinity fans, and he believes this caused frustration to set in early, throwing the Tigers off their game.

Senior DL Nate Tronzo commented on the importance of the number of students that showed up, saying his play was "energized, feeling an entire school behind him each snap." Senior DB Lincoln Mitchell noted how early the students showed up, seemingly waiting on the Tigers to arrive at the stadium. He felt this gave them an advantage before they even stepped on the field. The Shamrock student section

certainly overwhelmed the Rage Cage, as most of the St. X crowd had shuffled out by the end of the third quarter.

The Rocks continued to dominate the second half, adding a Jeremiah Lynn touchdown, as well as a field goal by junior kicker Carson Hilbert. The game ended with a final score of 38-14, Trinity's second display of dominance against the Tigers this year with a score margin of 20+ points.



One for the Books -
Photography by Ethan
Moody '24



On October 28 the Trinity XC Rocks finished their season with a state title.

Student to Teacher: A Mark Harbrecht Story

Parker Hooe '25

Mark Harbrecht is a fresh face at Trinity High School this school year, but not a totally new face on Trinity's campus. Harbrecht graduated from Trinity in 2016 and went on to the University of Louisville. This school year, he came back to Trinity and took Mr. Seng's place in the English department, teaching juniors and freshmen. Harbrecht teaches everything from "Fahrenheit 451" with the juniors to "Of Mice and Men" with the first-year students.

Harbrecht mentioned that the start to the year wasn't perfect. "The transition is hard for me. I had COVID my first week, then the internet went down, and it's been hard. But the teachers around me and the guys have been super helpful." Everyone has rough weeks and hard times, but Harbrecht has gotten through it and is excited to teach and grow in this Trinity community.

Outside of school, Harbrecht is a gamer, and he really likes Dungeons and Dragons, a board game of the players' own thoughts or actions. He also says he likes retreats and is excited to see some of the things he misses from his high school days.

Harbrecht brought up some of his inspirations at Trinity: Joe Henning inspired him to teach, Gary Owens taught him English and showed him that was his passion, and Chris Luken took him on retreat and showed how powerful that experience can be. Harbrecht also says retreat is where Trinity started feeling like home.

Harbrecht has a past in teaching, as he was a substitute for a year and worked at Sacred Heart Academy for a year. He then left Sacred Heart to come here. In his college years, he was at Louisville where he says he had a great time and lost some connection to Trinity. However, when he came back, he found his love again.

It's clear that Harbrecht is a great English teacher and a great person that the Trinity family welcomes back with enthusiasm.



Football Rocks Win State!

On Saturday, December 2, the Trinity football rocks claimed their 28th state championship.



The History of Trinity's Pride Week - Jack Debellis '25

As many of Louisville residents know, last Friday the Trinity High School Shamrocks and the St. Xavier High School Tigers met at L&N Stadium to play against each other in their annual iconic rivalry game. This game marked the 91st time the two varsity teams have played each other in the past 70 years. Throughout the many years, the game has become a week that everyone looks forward to each year.

Each year, Trinity celebrates Pride Week. During the week, the school puts on fun events like Minute to Win It games at lunch, themed dress down days, cookouts after school, and posters hanging in the halls. At the end of the week, a pep rally is held in the Steinhauser gym where the pep club puts on a good show for all the students. For the first time in Trinity history, Trinity swept St. X in all sports throughout all grade levels during the week. With an exciting 45-10 victory for the Varsity football team on Friday night, another great Pride Week was wrapped up. The Shamrocks hope to catch some moment from the win and start a run for the rest of the season.

The famous rivalry game has been a staple of high school football in Louisville for many years. But many people do not know the history of the many games in the past. The two teams first met in 1953 when Trinity's freshman team beat St. X's freshman team 7-6. However, in the first varsity game three years later, St. X won 48-0.

In 1958, Trinity pulled off an upset victory beating St. X varsity 13-0 for the first time. Coach Jeep Quire described the game as "the greatest game he had ever seen a Trinity team play." Legend has it, Coach Quire promised to the team before the game that he would walk back to Trinity if they won. It is said that Coach Quire and a group of excited players, parents, and fans walked back to Trinity in the rain all the way from the Fairgrounds where the game used to be played at the time.

At 1970's game, Trinity came out on top 7-6. This was the first time a game had a crowd larger than 20,000 people. To put that in perspective, Madison Square Garden only has 19,500 seats. In 1974, both teams met in the regular season and in the playoffs for the first time where St. X won both games.

Going into rivalry week in 1976, St. X had a 31-game win streak which had been held together for three years. However, Trinity was prepared for the game and ended up winning 27-10. 1976 was also a significant year for the Shamrocks as they went on to beat St. X again in the playoffs, which was the first time Trinity beat St. X twice in one season. Later that year the Rocks went on to win the state championship.

The 1983 playoff matchup was one to remember. In Trinity teacher Mike Domzalski's opinion, it is the greatest game ever (which he acknowledges may be biased since he witnessed it in his childhood). At the end of regulation, both teams were tied 14-14, sending them to overtime. Trinity scored (and made the extra point), which made the game 21-14. On 4th down, St. X lined up and scored the touchdown: 21-20. The St. X kicker lined up for the extra point to tie the game in overtime and missed, which sent the St. X Tigers home, and advanced the Shamrocks to the state championship. They won state and finished the season 14-0.

The 1990s were a dominant time for Trinity. The game in 1990 was the first time that a crowd surpassed 30,000 people in attendance and saw Trinity win 13-7. Later that year, Trinity won its third state championship in a row, which was the first time in school history. In 1991 Trinity set a state record, winning 50 games in a row. The first time the schools met in the state championship was in 1997. St. X won the anticlimactic game ending in a 3-0 score. This was the last time the two teams played each other in the location formerly known as Cardinal Stadium.

In 2005, the Shamrocks lost a crushing defeat to St. X in the regular season, losing 48-16. The two teams met again in the state championship where the Tigers were heavy favorites to win after their blowout win earlier in the year. The Shamrocks rallied together and won 14-6, taking their 16th state championship. The game in 2006 was probably the strangest in the series' history. The game started normally when Trinity

a massive storm hit the field and raged on for a long time. The game ended up getting canceled because of the storm, and Trinity was given the win, which was a very controversial decision at the time. In 2008, the attendance record was set at 38,887 people in attendance. The record still stands to this day.

After this year's game, Trinity has extended its lead over the Tigers: Trinity has won 49 games while St. X has won 40. In addition, there have been two ties. An exciting fact for Shamrocks fans is that Trinity has won 18 of the past 22 games.

Over the years this rivalry has been a date students, parents, and the Louisville community highlight on the calendar every season, and it's clear it will stay that way for a while. Trinity hopes to keep up their dominant reign in the rivalry just like the teams of the past. The future is bright for our Shamrocks, and the games are sure to be exciting every time they step on the field.

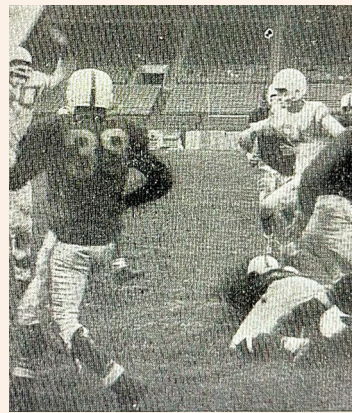


Photo from Trinity's Archive



"For All the Dogs" Mainly Hits - Review by Leo Clickner '25

Drake's latest and eighth solo album "For All the Dogs" was released October 6th, after being pushed back from September 26th. The album has guest appearances from 21 Savage, Sexy Red, Yeat, Sza, J. Cole, Teezo Touchdown, PartyNextDoor, Chief Keef, Lil Yachty, and Bad Bunny. I really like this album because of the features on almost every song and his lyrical genius written for every song.

This album used a mixture of fast and slow-paced tempo. However, there were beats, samples, and lyrics that caught me by surprise a little bit. In two songs, "Fear of Heights" and "Daylight", there are examples of Drake of being a bit of a jerk. In both songs, Drake takes shots at his enemies. He can also be heard referring to his ex as "overrated" and "average." The song "Daylight" was no different as he recalls to beating somebody up. These are the only two songs that seem to not fit with the rest of songs of this album.

Some of the best songs on the album include "Daylight," "First Person Shooter" (the one with Yeat), "Calling for you," "Slime You Out," and "Virginia Beach." I really like these songs, mostly for the lyrics and his flow on each song. It is always nice to hear Drake sing on songs. I mostly like to hear him rap, though, and all these are a perfect mix of all his features that make Drake unique.

The producers of this album were Drake, J. Cole, Lil Yachty and Noah "40" Shebib. Drake and the producers used many samples on a lot of the songs. I personally like how they mixed different samples with each other. A lot like how every other producer samples. Drake is no doubt one of the most popular rappers out right now, making it no wonder why a heavy amount of guest features were present in the songs. My favorite guest features were 21 Savage, Sza, Yeat, Teezo Touchdown, and J. Cole.

This album was not my favorite of Drake's, but it is an amazing one. If you have not already listened to this album, you should. There is a song for every type of person on this album. It is nice to see Drake make music that suits him. Overall, a solid album. It was worth the wait, and I would highly recommend listening to it if you have not.



Cover Art via Adonis Graham

Shamrock Shoutouts!

Trinity Junior Selected to be U.S. Senate Page



Trinity High School junior Ian Beierle was selected to be one of 30 students in the country to participate in the United States Senate Page Program. Beierle looks forward to the growth opportunities as they will help him experience a taste of politics and college.

Yet another successful Trinity KYA run!



Congratulation to our amazing KYA delegation for another fantastic conference. Under our senior presidents' leadership Chaz Kaphammer and sophomore Max Corbett, our KYA delegation won once again the award of "Premier Delegation". This honor is giving to delegations that achieve a level of esteemed notoriety and accomplishment.

Congratulations to our bill writers who presented four amazing bills. Three of them pass the House and the senate and two of them were passed in two laws.

ECHO

New Trinity Staff Member Has High Hopes for this New School Year

By Adam Eaton '25



Trinity High School welcomed back English teacher Brian Hancock to the family at the beginning of this fresh school year. A new, young face like Hancock is exactly what Trinity was looking for when they were in search of new teachers. Hancock goes right along with the virtues and values of Trinity as he looks forward to providing young men the tools to become men of faith and character.

In an interview conducted by the ECHO, Hancock talked about how Trinity always has had a special soft spot in his heart saying, "People know each other more at Trinity... it has a different feel."

Hancock talked about how good it is to see some familiar faces in the halls that he saw when he was a student at Trinity. "It was interesting for me to see how Trinity has evolved but also to see some familiar faces... it has been a really nice welcome back."

Hancock is the newest member of the Seton Bulldogs house at Trinity, replacing former English teacher Mitch Greenwell.

Hancock is no beginner in the field of teaching as he has previous experience teaching English at New Albany High School. Hancock talks about how Trinity is a closer, more tight-knit community. Having graduated from Trinity in 2009, he will continue this career of teaching English at his old and new home.

Back when Hancock was in college, he had thoughts about wanting to teach. Hancock talked about how he has always loved to work with younger people saying, "Being able to guide them on their journey, but also watch them grow and evolve into even better versions of themselves." Hancock decided not to teach for a long time but had a "reawakening" of some sort during the COVID-19 pandemic. After the pandemic, Hancock knew what he wanted to do and that was to teach.

Hancock talks about how he couldn't pass up the opportunity to return to the halls of Trinity when notified of the opportunity. Hancock said, "When the opportunity arose come back, it was an opportunity I could not pass up."

The Trinity family is very excited to see how Hancock impacts the school in his first year back!

Trinity Word Search

J X V B G X V W A W S N Z N S S P M F Z
Y L Y U F W T R P A C J M X E Z A C L O
K V V D D V C O P E H C M O T D T R O E
Y B I N G X D M D E R T X S O C R T R L
Z S O I H I P E H Q O K X W N N I F E L
F B O A T A H R Y S E N I C B S C D S E
N V E K E O I O Q E D K W N O M K S H R
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H A R B R E C H T Y N A I N E J X R D R
N G T A Q U I N A S K G F W H N D Z Y Y

Steinhauser	Harbrecht	Shamrocks
Schroeder	Toussaint	Perkins
Budniak	Rudolph	Trinity
Aquinas	Flannan	Gonzaga
Patrick	Zoeller	Floresh
Mullen	Sheehan	Duerr
Merton	Becket	Romero
Dante	Seton	Reedy
ECHO		



"Vintageness": A Senior's Love for his Car

By Davis Gallahue '24

Senior Cameron Buttorff drives one of the most interesting and one of the oldest cars at Trinity High School: a 1995 BMW 318ti. This classic has been his transportation ever since he could drive, and Buttorff loves the beauty. He has big plans for his car's future as well as many stories to share.

Buttorff got the BMW (beamer) as a gift for high school. The car was owned by his aunt that offered it when he was looking for a car. Buttorff had seen the car years before when he visited and had eyes on it ever since. When he was given the opportunity, he jumped at it. Buttorff always loved the old feel to it.

There are many things Buttorff loves about his BMW. Buttorff has a deep love for the looks of his beamer. He loves the "vintageness" and the 90's feel to it. On the contrary, there are also things Buttorff hates about the classic. Buttorff hates the inside door panel the most. It's on its last leg and Buttorff must grab and shut the door from the top of the door for it to close. However, most of his issues can be fixed. Buttorff has already had to tweak the car up a little bit.

One of the upgrades Buttorff has made to his car are his speakers. "Subs, I love my subs. Two I want to say 16-inch subs in a box." These speakers can make his whole car shake and are just what Buttorff needs to get him up in the morning. He has also had to fix his front wheel as well as his window since he got the car. One time while driving in the rain, the car's poor traction caused Buttorff to slide and hit a median which took out the wheel.

The wheels are one of the things Buttorff wishes to change about his car. Buttorff says if he could change one thing about his car it would be the traction of the wheels. He claims that's a scary thing for him. Another thing he would change would be a new engine. His current one eats away at his gas because the poor thing has been hauling for 230,000 miles.

When asked about his plans with the car, Buttorff said, "Until its wheels fall off and I can't drive it anymore." Buttorff plans on finding how much he's put into the car, and he will ride it to its grave. Buttorff told ECHO later that he plans on keeping the body until he's older and fully restoring the car as a later project.

Buttorff's classic 1995 BMW 318ti is one of if not the oldest car driven by a Trinity student. The car could use some tweaks and fixes, but Buttorff loves it regardless. Later in life you may see Buttorff driving his restored BMW when he gets the funds to fix it up. Buttorff and his appreciation for his older car shows the world that not only the new things are the good things.



A Christmas Song Poll!

Trinity's Favorite Christmas Songs

by Owen Rafferty '24

Everyone who celebrates Christmas has a favorite Christmas song, so the ECHO conducted a survey of the Trinity community to get a consensus on the most popular of them all. Results are below.

Mr. Becker- Jingle Bell Rock
Evan Boeckmann - Jingle Bells
Jake Schweitzer - Winter Wonderland
Mr. Bader- All I want for Christmas is You
Davis Gallahue- Rudolph the Red-nosed Reindeer
Dane Morrow- Santa Baby

Chase Lockhart- All I Want for Christmas is You

Mr. CM - White Christmas
Blaine Richardson- Rocking Around the Christmas Tree

Mr. Savage- Jingle Bell Rock
Johnny Driesbach- Jingle bells

Jayden Johnson - This Christmas
Parker Hooe - Deck the Halls

Mr. Baldwin- Ding Fries are Done
Ben Houchin- All I Want for Christmas is You

Jackson Supsky - All I Want for Christmas is You

While there's no clear consensus, what is clear is that Mariah Carey is here to keep her crown as the Queen of Christmas.

The Answers to Your Intramural Basketball Questions

Brady Morgan '25

If you are a Trinity student who has questions about our in-school intramural basketball league and the changes for this year, look no further: Jimmy Backes, intramural basketball coordinator, spoke with ECHO to try to answer all of them. There have been changes to the league this year to hopefully make this league more fun and organized and to bring Trinity students closer together.

One of the biggest changes for this season of intramural basketball is the shift from teams made up of Trinity's house system to the students being able to create their own teams. One main reason the league has gone back to student-choice teams is because of the high number of upperclassmen teams forfeiting. They hoped that going back to student-choice teams would lower the number of forfeits.

Another issue Backes mentioned was pandemic-related. Before the COVID-19 pandemic, the league's teams were student-led. Things changed after the pandemic, though. Once intramural got back after the hiatus and started running again, the league started having gym-time issues. The gym time issues were caused by the various sports that use the gyms here at Trinity during this time of the year, including ice hockey, archery, and basketball teams. For those reasons, they had to start doing two house leagues for the last couple of years.

The second most asked question is had the league have more people sign up this year with the student-choice teams than there have been with last year's house system teams? The answer is yes, they have had more kids sign up this year, though not by a substantial number: Only 10 more players this year than the house system league signed up.

Backes mentioned the changes have worked so far this season, citing the

fewer number of forfeits compared to last season. Backes also said they will be able to get a better feel if the changes work in this season's upcoming tournament.

If you have any questions about the league, contact Mr. Jimmy Backes.



Photo via Trinity's Archives



“
Señora Arepa did an excellent job of showing that they are ready to take on the challenge and be a thriving place to grab a bite to eat at.”

New Tasty Venezuelan Restaurant Open near Trinity!

Owen Rafferty '24

Señora Arepa opened back in late August near Trinity on St. Matthews Avenue. The place is booming with business and is right in the heart of St. Matthews.

Upon arrival there was a grass bull right at the entrance that was a fun piece of art to admire. When seated, the waiters and servers were beyond polite and went the extra mile. They asked us if we had been to Señora Arepa before, and since we hadn't, they gave us a rundown of the menu to ensure that we understood what we were reading. They did this because a lot of the menu is in Spanish and could be hard for the average customer to be able to read. The waiters were super friendly and were more than willing to answer any questions that we had about the menu.

To start off, we had the Tostones and the empanadas. My personal favorite of these two were the empanadas, which is a bread filled with chicken, beef, pork, or fish, as well as a good variety of other vegetables. Every bite with these empanadas was another tasty surprise. The tostones were fried bread with cole slaw, salsa, queso, and chives on top. All this with the crunchy texture of the tostones went well with each other.

For the entrée I got the Patacon con queso, which was a very stringy queso at the base with those crunch tostones, steak, peppers, onions, and more layered all within the cheese. This was very tasty and is like a steak bowl that you would get at Qdoba or Chipotle. The arepas, which is what Señora Arepa is all about, do not disappoint whatsoever. The arepa is a dough which is filled with all sorts of meat, vegetables, peppers and more. They are similar to the empanadas but the arepas vary with different cheeses, meats, avocado, chimichurri and many more combinations to go with that. You also have your own choice of sauces to choose from and are all brought to your table upon arrival of your food. These sauces include cilantro garlic, Cora, garlic, hot sauce, ketchup, and rosado.

Señora Arepa did an excellent job of showing that they are ready to take on the challenge and be a thriving place to grab a bite to eat at. The food is great, and the atmosphere is top notch. It's a fun place to be at and hang out and the people there are great to be around. To give Señora Arepa a rating on a scale of 1-10, it gets a 7.4. There were no flaws that I saw on my first visit besides the food being a bit pricey. Señora Arepa was

Wrestling All the Way to State

Lucien Reid '26

The wrestling Shamrocks are fresh off a great last season with former senior wrestler George Ferree bringing a state championship back home.

One of the senior wrestlers for this season's team is Malachia Harris, who has consistently placed in tournaments throughout his career. Last year, he came in second in the state finals. Harris seems too eager to take first this year. "Keeping your mindset straight constantly and don't ever slack off because you don't want anyone else working harder than you." The work ethic that wrestling involves is much different than any other sport.

Harris mentioned wrestling as one of the hardest sports he's ever done. "Not to shame any other sport but wrestling is a different breed when it comes to working out in the room day in and day out."

Harris has set the bar high for himself with expectations this year. "My goal is to win state and hopefully get nationally ranked before the senior year is over."

Harris, who is a great mentor for the underclassmen wrestlers, gave some advice for young wrestlers out there: "Take advantage of the off-season — it builds you as a wrestler and gets you a lot better."

Good luck this season, Trinity Wrestling Team!



A Trinity Legacy

Gray Franconia '26

"Trinity made me into a man and set me up for my whole life." Ryan Franconia graduated from Trinity in 1995. He was a great student and talked highly of what it did for him throughout his life. He also happens to be my dad.

Franconia reflected on his time at Trinity High School, and in looking back at his time here, he mentioned that there is more to Trinity than just athletics. "It develops your faith and your character; they do such a good job of that." Trinity is a place for development and there's so many ways to accomplish that. Trinity gives all the resources necessary for its students to be successful in life. For example, I have had many teachers that have taught me lessons that I will use for a long time. One of those teachers, Coach Norman, taught me a lot of things about the college, finance, and my future in his money management course.

Franconia also credited Coach Rudolph for the success he had in the classroom. "He really puts in effort into his students, and he always has a funny story." Coach Rudolph has been known to entertain his students by telling stories, constantly keeping us engaged. One of my favorites is about his college days: he loves the story about Larry Bird as they went to the same college, and he has much to say about Bird's basketball skills and his intelligence.

I asked my dad why he decided to send me to Trinity. In his words, I "needed to learn how to be responsible and needed this to become a man." I have three semesters at Trinity under my belt, and I can confidently say I have learned in my time here that it's about putting in the effort. Trinity has taught me that having a work ethic can lead to great success throughout my life.

Trinity set Ryan Franconia up for success, and it has set me up for success. Trinity is worth it for anyone who is willing to put forth the effort to improve as a young man.



Fall '23 Staff

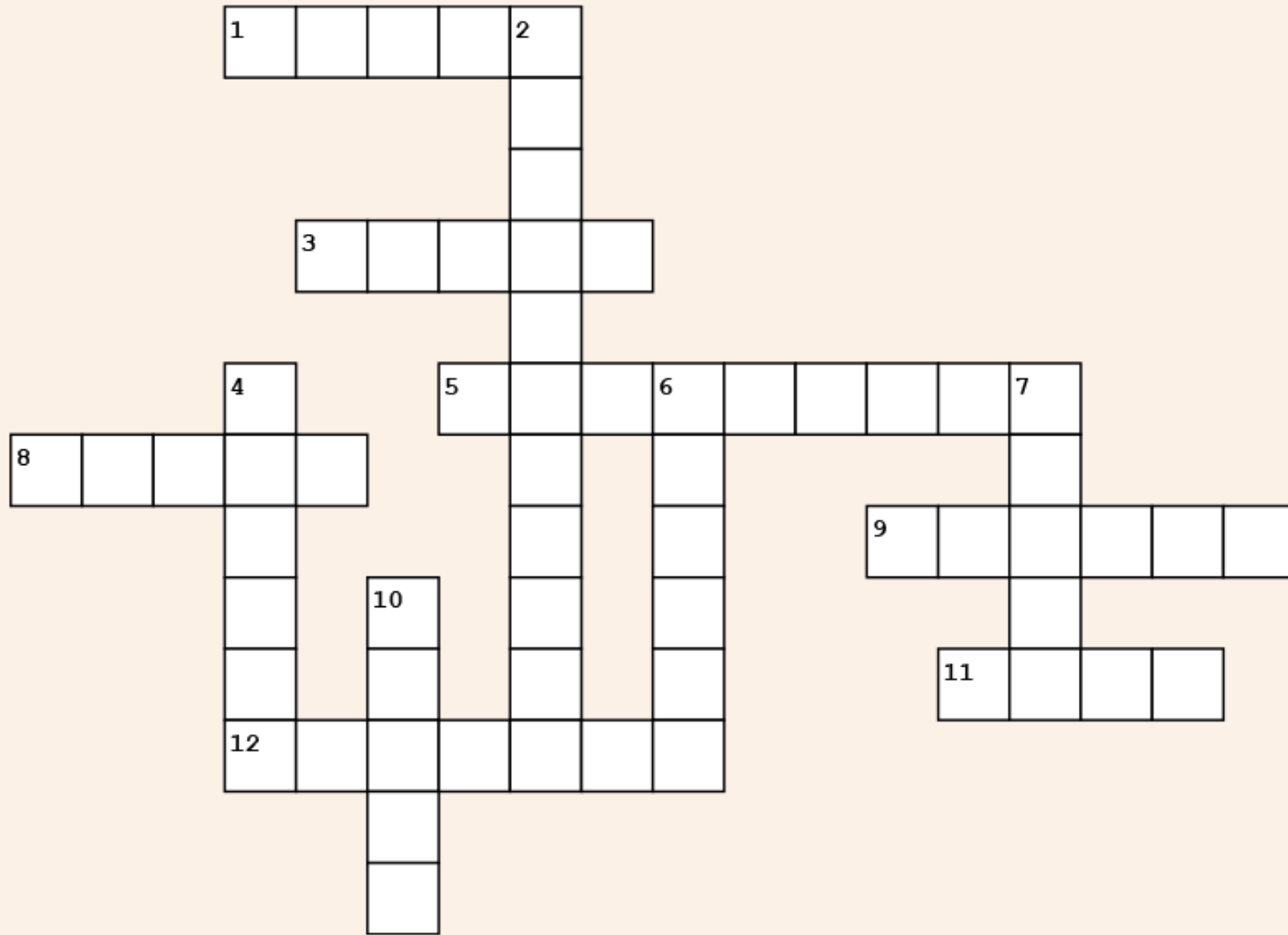


Back Row: Gray Franconia, Brady Morgan, Lucien Reid, Parker Hooe, Adam Eaton, Jack Debellis, Davis Gallahue, Owen Rafferty, Chaz Kapfhammer (Editor), Mr. Alex Dotsey
Front Row: Dane Morrow, Dylan Henry, Leo Clickner

Credits

This print spread was created and formatted in whole by Chaz Kapfhammer Editor-In-Chief and printed by Mrs. Joy Durbin. Thank you to Mr. Alex Dotsey for allowing us to publish.

Trinity Crossword Puzzle



Across

1. College and Career counselor for last names A-K
3. The last name of the person the library media is named for
5. Trinity's official mascot
8. Teacher has been at Trinity the longest
9. Name of the hall where the Alumni office is
11. Trinity's head football coach
12. The Avenue runs through the middle campus

Down

2. Trinity's Primary gym name
4. Math Teacher in Romero House
6. Name of Trinity's president
7. Name of Trinity's Head Basketball coach
10. Hall, in which Mr. Kraus's classroom is located